Sydney & Melbourne Tentative Conference Program

Tuesday, August 13, 2019 - Wednesday, August 14, 2019

Travel Days

Overnight flights depart the U.S. late <u>Tuesday, August 13, 2019</u>. The expected departure times are between 6:00pm-7pm from New York and between 10:45pm-11:55pm from Los Angeles.

Thursday, August 15, 2019

Morning Arrival to Sydney, Australia

Due to the difference in time zone (Australia is 14 hours ahead of New York and 17 hours ahead of Los Angeles), flights will arrive in Sydney the morning of Thursday, August 15, 2019.

Sydney Harbor Cruise (Lunch Included)

After check-in, spend the day getting familiar with this amazing city by boat. This cruise will bring you to the top attractions around Sydney Harbour. Our guide will accompany us as we get on and off at the top attractions around the harbor, while learning all about the harbor's history, culture, and iconic landmarks.

Welcome Dinner

A guest speaker from Indigenous Allied Health Australia (IAHA) will join us for dinner. IAHA is an Australian not-for-profit allied health organization working to close the gap in health outcomes and access to services for Aboriginal people, to provide support and advocacy on behalf of Indigenous allied health professionals and students in Australia.

Friday, August 16, 2019

Morning Workshops

Enjoy presentations and discussions with distinguished professionals on such topics, such as: "Colonialism & Aboriginal Resistance in Australia" and "Indigenous Rights Movements" in Australia.

Bangabaoui Aboriginal Experience (Lunch Included)

Be immersed in the culture and heritage of the country's ancestral forefathers. Learn about local indigenous traditions, languages, stories of the past, and develop a deeper understanding of traditional Aboriginal family life, cultural identity, colonial occupation, and significant moments in Aboriginal politics.

Saturday, August 17, 2019

The Art Gallery of New South Wales

This museum houses the Yiribana Gallery, which presents a selection of works from the Aboriginal and Torres Strait Islander collection. Yiribana means 'this way' in the language of the Eora people and acknowledges the location of the gallery on Gadigal land. The collection represents artists from communities across Australia, celebrates Indigenous Australia's enduring cultural heritage, and its myriad contemporary expressions.

Africans in Australia Roundtable (Lunch Included)

Contemporary African people arrived on Australia's shores in 1787 with European visitors, and later came as skilled sugar workers who significantly advanced a fledgling sugar industry. Notwithstanding, the formation of a durable Black African community in Australia is a relatively recent phenomenon. Stereotyping and homogenization of and discrimination against members of the Black African diaspora is particularly pervasive. This roundtable discussion consists of Afro-Australian professionals and members of the African diaspora living in Australia. Topics include, race relations, discrimination, and the personal experiences of the participants.

Sunday, August 18, 2019

Blue Mountains Day Excursion (Lunch Included)

Explore all the sights of the Blue Mountains World Heritage Area, including Katoomba Falls, Scenic World, Echo Point, the Three Sisters, Laura Cascades, Wentworth Falls, and lots more. Learn about the area's biodiversity and unique points of interest from your expert local guide.



Monday, August 19, 2019

Depart for Melbourne & Check-in to Hotel Melbourne City Tour (Welcome Lunch Included)

Get the inside scoop on Melbourne's history and highlights with this entertaining 3-hour walking tour. Learn about the city's early settlers and how the city transitioned from a 19-th century port town to Victoria's modern capital.

Workshops with Department of Social Work Faculty, University of Melbourne

Visit the University of Melbourne, which houses one of the first master's degree programs accredited nationally by the Australian Association of Social Workers. Meet with experienced faculty and discuss topics, such as: "Reconciliation and Strengthening a Nation" and "Social Work Practice in Indigenous Communities".

Tuesday, August 20, 2019

Melbourne Indigenous Transition School (MITS)

Visit this unique school for indigenous students making the difficult transition from remote or regional communities to schools in larger metropolitan communities. MITS seeks to empower Indigenous students who decide to take this difficult step. An initiative by dedicated individuals within the education sector and the Indigenous community, MITS has developed a new model for education of Indigenous students from remote and regional communities across Australia.

Lunch

After lunch, enjoy a free afternoon to relax and explore on your own.

Wednesday, August 21, 2019

Day Excursion to Daylesford

Spend a relaxing day in the city of Daylesford. The first stop on the journey is the Lavandula Lavender Farm- home of picturesque Lavender gardens and handmade natural beauty products, followed by a trip to the spa for a luxurious 30-minute hand and foot massage with refreshments. Float out of the spa along Daylesford's main street to find one of the many local eateries that takes your fancy for lunch. After lunch (on your own), we will travel on to the Hepburn Mineral Springs where you can sample some natural mineral water straight from the spring! On our way back, we'll stop at Castlemaine Chocolate Mill for some delicious treats!

Thursday, August 22, 2019

Check Out of Hotel
Depart for USA or Uluru Ayers Rock Extension Program



Uluru Ayers Rock Extension Tentative Program

Thursday, August 22, 2019 – Sunday, August 25, 2019

Uluru (Ayers Rock) is a large sandstone rock formation in the southern part of the Northern Territory. Sacred to the Pitjantjatjara Anangu, the Aboriginal people of the region, it is home to an abundance of springs, waterholes, rock caves and ancient paintings. In 1920, the Australian government declared Uluru an Aboriginal Reserve.

Join us in Uluru to explore the nuances of "Dreamtime". "Dreamtime" refers to the complex indigenous creation narrative. It is the enduring creative spirit and the spirits of the ancestors that permeate all aspects of life.

Thursday, August 22, 2019

Domestic Flight to Uluru Ayers Rock & Hotel Check-in Ecological Tour, Arts in Residency & Dinner Under the Starts

This tour provides an introduction to the history, wildlife, and geology of the area. The Wintjiri Museum is dedicated to indigenous inspired artwork and features a different Artist in Residence every month. Watch the artist at work and discuss her body of work and personal inspirations. Later, experience an outdoor dinner under the stars as you take in the breathtaking view of Uluru.

Friday, August 23, 2019

Uluru Tour and Food Experience

The day begins with an unforgettable Uluru sunrise followed by a traditional Aussie breakfast. Then, visit local waterholes and cave paintings during the expert guided tour, while being regaled with aboriginal tales about Uluru. The symbols and figures in the caves, include geometric symbols, animal tracks, the outlines of animals- all used to represent different meanings but are always part of an intricate story being recorded and told by the artist. After lunch, experience a unique sound, lighting, and 3D effects performance at Mani Mani Theatre, followed by an afternoon of exploring. Learn about local bush food and experience a tasting of seasonal seeds, spices, and fruit during a traditional cooking demonstration.

Saturday, August 24, 2019

Art & Storytelling at Uluru

Anangu paintings are created for religious and ceremonial expression and for teaching and storytelling. Several rock shelters at the base of Uluru provide visitors with the opportunity to observe evidence of this ancient tradition. The paintings are of considerable historic and cultural significance to Anangu, who continue to ensure their preservation and protection. Enjoy the company of an aboriginal traditional storyteller, as you learn the local history, culture, and traditional techniques. Meet with a local indigenous artist and learn about the aboriginal body art practices and associated symbolism at the Mingkiri Arts Market, which offers an extensive selection of Australian hand-crafted glassware, jewelry, pottery, zebra rock and Central Australian Indigenous artworks.

Sunday, August 25, 2019

Gardening In the Outback

Enjoy a leisurely morning walk to Imalung Lookout for one last glimpse of Uluru, followed by a journey around the magnificent Desert Gardens to learn the intricacies of an outback garden.

Check-out & Transfer to Airport

Due to the difference in time zones, flights will depart Australia and arrive back to the U.S. on the same day, Sunday, August 25, 2019.